

POWER

The power of the universe is within me.
Divine love, divine wisdom and divine
intelligence are all available to me.

I am willing to release my fears that keep
me small and my behaviors that keep
me powerless.

I am fully connected to the power of the
universe. I am safe, supported and I own
my personal power.

I am powerful

DEFINITION

True inner power stems from being connected to a higher power. Powerful people choose to be fueled by this connection and live an authentic life. A choice is made to be fully responsible for their thoughts, words and actions. Powerful people carry their power lightly and contribute to making the world a better place.

QUESTIONS TO PONDER

To whom or what areas in your life do you give
your power away?

Will you choose to live in your power?
If so, how will you know?

How do you access your inner wisdom
and higher power?

ACTION STEPS

pick one for each day or each week

Commit to honoring yourself now!
Speak your truth.

Choose to invite the power of the universe, let it fuel you,
guiding you to act from your power base.

Identify your special contribution to the world.

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