

# LETTING GO

I am open to receiving all the miracles  
life has to offer.

I am willing to forgive and let go of my past.  
I surrender to change. I release all blame,  
old hurts and resentments. I invoke Archangel  
Michael to release all cords to my past,  
and clear all effects of my negative thinking  
throughout time.

Thank you, Archangel Michael, for helping me  
place my thoughts and focus on the joyfulness  
of the present moment.

*I let go*

## DEFINITION

*People who choose to "let go" live in acceptance of the present moment and create peace for themselves. These people forgive their past and are deliberate with their present thoughts and actions. When they have done their part, they surrender the rest to God. They trust that they are taken care of and everything they need will come to them in perfect timing.*

## QUESTIONS TO PONDER

Is there an area in your life that is not working?

What are you holding onto?

What is going to free you up?

If you were to be given a miraculous gift  
right now, what would you ask for?

## ACTION STEPS

*pick one for each day or each week*

What old story have you been stuck in? Let it go now!

Choose a new one.

Choose to cultivate thoughts and beliefs  
that enhance your feelings of freedom.

Choose to let go and let the miracle happen. Do it now.