

# MAGNIFICENCE

I believe in myself. I recognize my inner and outer worth. I know that I am deserving of all that is good.

I am willing to release all small doubts and thoughts about myself.

I am valuable, I choose myself and I own my magnificence.

*I am magnificent*

## DEFINITION

*People who embrace their magnificence know they are more than just a physical body. They are connected to their soul with their inner light shining brightly. This light ignites remembrance in others to fully own their magnificence.*

## QUESTIONS TO PONDER

What is magnificent about you?  
What does your soul need?

What makes you feel valuable and respected?

In what areas do you reveal yourself  
and ask for help and support?

## ACTION STEPS

*pick one for each day or each week*

Look at yourself daily in the mirror, choose to view at least three things you love about yourself. Choose to witness your magnificence instead of judging yourself.

Choose yourself; permit your magnificence to shine.  
Treat yourself like a best friend.

Implement your self worth by identifying areas where you need help and ask for it.

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